

**INTER-UNIVERSITY CENTRE DUBROVNIK**

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**COURSE AND CONFERENCE INFORMATION  
PROGRAMME 2018 - 2019**

**1. Type of Event:**                      Course                      Conference  
(Please underline)

**2. Title of Event:**  
Summer School of Psychoanalytic Psychotherapy  
'Obstacles to Authenticity in Psychotherapy'

**3. Date of Event:**  
From 20 to 24 August 2018

**4. Course or Conference Directors:**  
Name: Institution:

\*Dinko Podrug, M.D., D.Sc.SUNY, NY and Zagreb  
Peter Dunn, M.D.New York Psychoanalytical Institute  
Vedran Bilić Clinical Hospital Centre Zagreb

**5. Lecturers**

Name: Institution:  
Peter Dunn, M.D.New York Psychoanalytical Institute & Society  
Director of Clinical Services at New York Psychoanalytical Institute, and Associate Clinical  
Professor of Psychiatry at Mt. Sinai School of Medicine. Dr. Dunn is also on the Editorial  
Boards of the Psychoanalytic Quarterly and the International Journal of Psychoanalysis.

Dinko Podrug, M.D. Sc.D.SUNY  
Former Director of Psychiatry at SUNY-Brooklyn University Hospital, SUNY Faculty and  
teacher/coordinator of residents/ medical students' psychiatry/behavioural science programs; and  
psychotherapy researcher. Now exploring interface of psychiatry, psychotherapy and cultural  
issues.

Vedran Bilić, M.D. Sc.D. Zagreb University Hospital Centre  
An educator of Group analysis of the Institute for the analysis of Zagreb, an educator  
of Psychoanalytic psychotherapy of the Croatian society for psychotherapy, of Balint groups  
and of Autogenic training. A senior research assistant in Psychiatry at the University of  
Zagreb. Head of the Daily hospital in Clinic for psychological medicine.

**6. Brief Description of Course or Conference Content:**

The course addresses the overall strategy of present-day psychodynamic psychotherapy and specific areas of technique. As in prior years, we will elucidate core theoretical concepts (transference, unconscious organising fantasy) and practices (dream interpretation, creating/maintaining frame and balancing ritual and spontaneity) by identifying them and demonstrating their functionality in the clinical material presented by the participants. Participants are encouraged to bring in their own clinical data, particularly process notes of individual sessions.

In addition to revisiting previous years' topics and discussions, every year we bring another new concept and see how it relates to core analytic ideas. This year we will look at Authenticity, especially as it relates to its nemeses, Shame and Prejudice.

The goal of this course is to increase the participants awareness of, and facility with, their own clinical actions and thinking, so they can more actively and boldly allow themselves to hear, to absorb and to contain and to respond to their patients' emotions and fantasies. This course has proven useful to relative novices in psychotherapy and to experienced practitioners alike. The collegial, inquisitive spirit we create allows us to better see our own countertransference reactions, as well as refresh our therapeutic passion and gifts.

### **7. Does your programme offer ECTS credits and if yes what are the requirements?**

No. Each participant will receive a certificate of attendance of actual hours attended (usually twenty) and listing the topics covered/skills developed.

### **8. Practical matters (fees and hours; lodging and suggested preparation):**

School fee is Euro 150 or Croatian currency equivalent (Euro 100 for trainees/early career professionals), payable in cash upon arrival.

We start Monday 20nd and end Friday August 24th; each day we work from 9:00 – 13:00, with rest of the day free. We are meeting at the IUC building, Don Frana Bulica 4, just two hundred meters from the west side of old city walls (“Pile”).

Lodging in Dubrovnik needs to be arranged individually by the participants. In addition to usual on-line resources, accommodation may be possible at the IUC dormitory, and in the nearby monastery. <http://www.dormitory.hr> or [samostan.dubrovnik@gmail.com](mailto:samostan.dubrovnik@gmail.com)

In addition to bringing process notes on your most challenging or interesting case, please feel free to email Dr. Podrug ([dpodrug@hotmail.com](mailto:dpodrug@hotmail.com)) about one or two theoretical concept you have most difficulty understanding or applying clinically. Also he would love to know what is your favourite psychoanalytic journal article or a book.

As usual, each participant will receive from Dr. Bilic a pdf copy of Dr. Cabaniss's book, as soon as they confirm their participation in the course. We are very grateful to Dr. Cabaniss, and to Dr. Dunn for arranging this.

### **9. Readings**

Cabaniss, Deborah L et al: Psychodynamic Psychotherapy: A Clinical Manual, 2011.

Boccaro, P. Gaddini, A. Riefolo, G. (2009). Authenticity and the Analytic Process. Am. J. Psychoanal., 69(4):348-362.

Neri, C. (2008). Authenticity as an Aim of Psychoanalysis. Am. J. Psychoanal., 68(4):325-349.

Dinko Podrug, M.D., D.Sc., School Director